









Find the support you need at the Families First Portal

Families First is the name for early help in Hertfordshire. It is a way of getting extra support for your family to help you manage problems early on.

Families First is available to all Hertfordshire families with children under 18 (25 if they have a learning need or disability).

Visit the portal for more information, with direct links to:-

-  Relationship Support
-  Childcare and advice for parents
-  Money advice
-  Emotional and mental health
-  Domestic abuse support
-  Staying healthy
-  Online Safety
-  SEND Local Offer

*and many other
useful links*

*"I am struggling to
cope with
everything at
present, so feeling
overwhelmed."*

*"I'm worried
about my child's
behaviour in
school and at
home"*

*"I'm worried
about
money"*

*"I need
reassurance
and support"*



@FFHerts



@FamiliesFirstHerts

www.hertfordshire.gov.uk/familiesfirst